



## You're Invited!

### Communities Talk: Town Hall Meeting on Underage Drinking & Vaping

Siouxland CARES along with the Sioux City Mayor's Youth Commission, Jackson Recovery Centers, Siouxland District Health Department, the Sioux City Police Department and Partnership For A Healthy Iowa are hosting a "Communities Talk: Town Hall Meeting on Underage Drinking & Vaping" on **Monday, April 15, 2019 from 6:30-8:00 p.m.** at Bishop Heelan High School, 1231 Grandview Blvd., Sioux City, Iowa. This is an opportunity for the community, both youth and adult, to share their thoughts on these important issues.

#### Town Hall Schedule:

6:15 p.m. Check-In  
6:30 p.m. Introductions & Overview  
-Linnea Fletcher, Siouxland CARES  
-Nick McGowan, Sioux City Mayor's Youth Commission  
-Peter Komendowski, Partnership For A Healthy Iowa  
6:40 p.m. Underage Drinking Presentation  
-Rachel Lundgren, Jackson Recovery Centers  
6:50 p.m. Vaping Presentations  
-Steve Beekman, Siouxland District Health Department  
-Officer Elisha Schmeckpeper, Sioux City Police Department  
7:15 p.m. Youth & Adult Breakouts  
7:50 p.m. Town Hall Wrap-Up

[Check out our Town Hall Facebook event page, here!](#)

#### CONTACT US:

[siouxlandcaresdirector@gmail.com](mailto:siouxlandcaresdirector@gmail.com)

Follow us on [Facebook](#).

Follow us on [Twitter](#).

Follow us on [Instagram](#).

---

#### Looking for some helpful websites?

[www.drugfreeinfo.org](http://www.drugfreeinfo.org)

[www.samhsa.gov](http://www.samhsa.gov)

[www.iowapoison.org](http://www.iowapoison.org)

[www.elks.org/dap](http://www.elks.org/dap)

[www.jacksonrecovery.com](http://www.jacksonrecovery.com)

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.siouxlandmentalhealth.com](http://www.siouxlandmentalhealth.com)

[www.primeagetoengage.com](http://www.primeagetoengage.com)

---

#### Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

For more information, please contact Britney  
Book at [siouxlandcaresdirector@gmail.com](mailto:siouxlandcaresdirector@gmail.com). We hope to see you  
there!



*Supported by SAMHSA Town Hall Meeting funding through  
Siouxland CARES.*

**10:00 p.m. for minors  
under 14**

**11:00 p.m. for minors  
14 and 15**

**Midnight for minors  
16 and 17**

---

#### **About Siouxland CARES**

Siouxland CARES  
(Community-wide Awareness,  
Resources, Education and  
Support) About Substance  
Abuse is a community coalition  
comprised of 349  
volunteers. Volunteers for  
Siouxland CARES  
(representing 12 community  
systems) contributed 6,580  
hours in 2018 to CARES  
programs and services. The  
mission of CARES is to improve  
the quality of life in Siouxland  
by eliminating the abuse of  
alcohol and other drugs and  
related violence.

---

#### **The Anti-Drug is Communication.**

Ask Who? Ask What? Ask  
Where?  
It's not pestering, it's  
parenting!

---

**Trustworthiness:** Think it.  
Be it.

**Respect:** Give it. Get it.

**Responsibility:** Take  
it. Teach It.

**Fairness:** Share it. Practice it.

**Caring:** Show it. Receive it.

**Citizenship:** Have it. Honor  
it.

---

***Make Your Character  
Count in Siouxland!***