

“Life Lessons Reading”

Stories Read Aloud for Students in Grades K-5

Sponsored by the Bullying Prevention Community Coalition

The goal of the Coalition is to increase community awareness, education, and empowerment in regard to bullying issues in the community.

The Bullying Prevention Community Coalition is pleased to share some wonderful stories with you to help schools reduce the incidence of bullying, promote positive behavior initiatives, and make schools a safe place to reach individual potentials. The stories on the following page are read aloud to students by some people you may recognize and also have activity guides for follow up.

Please feel free to utilize these stories during recess, free time or as a supplement to lessons that you may be teaching. We hope you enjoy this sampling of stories and thank you for your efforts to reduce bullying and conflict in our community.

Common Vocabulary is Important!!

Bullying – Bullying is any unwanted aggressive behavior(s) by another individual or group of individuals that involves an observed or perceived power imbalance and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted individual including physical, psychological, social, or educational harm.

Conflict – A state of disharmony between persons of equal strength and/or power; a clash.

Upstanders – People who take action to oppose the bullying in some way.

Bystanders – People who attempt to remain uninvolved in the situation, often by looking on silently or finding an excuse to walk away.

Target – The person or persons being bullied.

Bully – The person who initiates and continues the harassment.

Associates – Join in the bullying, escalate the harassment, or initiate new attacks on the target later.

Empathy – The ability to recognize and understand the feelings of others and how our actions affect those around us.

Resources

www.Stopbullying.gov, www.educateiowa.gov, www.standforthesilent.org,
www.parentfurther.com, <http://charactercounts.org>, www.stopbullying.gov/laws/south-dakota.html, [www.education.ne.gov/safety/Bullying_Prevention/What is Bullying.html](http://www.education.ne.gov/safety/Bullying_Prevention/What_is_Bullying.html).

Boys Town National Hot Line 1-800-448-3000.

Sioux City Human Rights Commission, 712-279-6985, www.sioux-city.org.

Your local law enforcement agencies: [Sioux City Police Dept.](#), [South Sioux City Police Dept.](#),
[Woodbury County Sheriff's Dept.](#), [North Sioux City Police Dept.](#)

For more information, please visit www.siouxlandcares.org/bully-prevention-community-coalition.



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For a wide variety of stories and activity guides for your K-5th grade students, go to www.StorylineOnline.net and click on Library. Below is a sampling of some age appropriate stories that you can share with your students.

Grades K-2	Duration	Grades 3-5	Duration
<p>A Bad Case of Stripes, written by David Shannon, read by Sean Astin.</p> <p>Camilla Cream loves lima beans, but she never eats them. Why? Because the other kids at her school don't like them. And Camilla is very, very worried about what other people think of her. In fact, she is so worried that she is about to break out in... A Bad Case of Stripes.</p> <p>Link Directly to Story</p>	11:51 Minutes	<p>Enemy Pie, written by Derek Munson, read by Camryn Manheim.</p> <p>It was the perfect summer. That is, until Jeremy Ross moved into the house down the street and became neighborhood enemy number one. Luckily Dad had a surefire way to get rid of enemies-Enemy Pie. But part of the secret recipe is spending an entire day playing with the enemy! In this funny yet endearing story, one little boy learns an effective recipes for turning your best enemy into your best friend. <i>Enemy Pie</i> serves up a sweet lesson in the difficulties and ultimate rewards of making new friends.</p> <p>Link Directly to Story</p>	9:50 Minutes
<p>Carla's Sandwich, written by Debbie Herman, read by Allison Janney.</p> <p>When Carla brings weird sandwiches to school, her classmates have plenty to say about them. "That's sick!" says Leslie. "That's disgusting!" says Natie. But Carla thinks otherwise. "It's unique. It's creative." - Just like Carla.</p> <p>Link Directly to Story</p>	10:28 Minutes	<p>Thank You, Mr. Falker, written by Patricia Polacco, read by Jane Kaczmarek.</p> <p>Little Trisha is overjoyed at the thought of starting school and learning how to read. But right from the start, when she tries to read, all the letters and numbers just get jumbled up. Her classmates make matters worse by calling her "dummy" and "toad."</p> <p>Link Directly to Story</p>	16:37 Minutes
<p>The Rainbow Fish, written by Marcus Pfister, read by Ernest Borgnine.</p> <p>The Rainbow Fish is an award-winning book about a beautiful fish who finds friendship and happiness when he learns to share. The book is best known for its morals about the value of being an individual and for the distinctive shiny foil scales of the Rainbow Fish.</p> <p>Link Directly to Story</p>	6:20 Minutes	<p>Somebody Loves You, Mr. Hatch, written by Eileen Spinelli, read by Hector Elizondo.</p> <p>Mr. Hatch is a drab, predictable gentleman who leads a painfully ordered and uninteresting life. One Valentine's Day a giant candy-filled heart is delivered to Mr. Hatch with a note that reads, "Somebody loves you."</p> <p>Link Directly to Story</p>	11:30 Minutes

Other recommended books for ages 5-11:

Nobody Knew What To Do, <https://www.youtube.com/watch?v=0XbYVdy1Z6Q>, 3:15 minutes.

My Secret Bully by Trudy Ludwig, <https://www.youtube.com/watch?v=4xFoR2fiv4s>. *My Secret Bully* instantly draws young readers into Monica's world where she is bullied by a friend and learns how to cope and thrive. Emotional bullying is often dismissed as a normal rite of passage, but research shows it is as harmful as physical aggression, with devastating, long-term effects. Name-calling, humiliation, exclusion, and manipulation are some bullying tactics Monica's friend Katie employs. Monica learns to face her fears of betrayal and social isolation and reclaims her power from the bully with the help of a supportive adult - her mother.