

# Siouxland CARES

## September Offline Happenings!

**Thursday, September 6**

***Bullying Prevention Community Coalition Meeting***

10:30 a.m.  
Long Lines Family Rec Center, 3rd Floor Conference Rm  
401 Gordon Drive  
Sioux City, IA

**Thursday, September 6**

***Siouxland CARES Advisory Board Meeting***

Noon-1:15 p.m.  
Long Lines Family Rec Center, 3rd Floor Conference Rm  
401 Gordon Drive  
Sioux City, IA

**Monday, September 17**

***Sioux City Mayor's Youth Commission Meeting***

7:00-8:00 p.m.  
City Hall, 5th Floor  
Sioux City, IA

**Tuesday, September 18**

***Iowa Partnership for Success Subcommittee***

3:30 p.m.  
701 Pierce Street, Suite 100  
Sioux City, IA

**Tuesday, September 25**

***Dakota County Teen Court Session***

5:00 p.m.  
1615 First Avenue  
South Sioux City, NE

**Thursday, September 27**

***Comprehensive Strategy/Healthy Siouxland Initiative Annual Data Showcase***

9:00-11:00 a.m.  
Briar Cliff University, Assisi Room, Stark Center  
Sioux City, IA

### CONTACT US:

[cares@longlines.com](mailto:cares@longlines.com)

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### Looking for some helpful websites?

[www.drugfreeinfo.org](http://www.drugfreeinfo.org)

[www.samhsa.gov](http://www.samhsa.gov)

[www.iowapoisson.org](http://www.iowapoisson.org)

[www.elks.org](http://www.elks.org)

[www.jacksonrecovery.com](http://www.jacksonrecovery.com)

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.siouxlandmentalhealth.com](http://www.siouxlandmentalhealth.com)

[www.primeagetoengage.com](http://www.primeagetoengage.com)

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### Other Resources

Contact the Boys Town National Hot Line,  
1-800-448-3000 or  
the National Suicide Prevention Lifeline,  
1-800-273-8255

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If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-373.888, to obtain information and to access supportive services for the

## Siouxland CARES Wiffle Ball Classic

Siouxland CARES and Beef Products, Inc. held a family-friendly Wiffle Ball Classic on Sunday, August 26, 2018 at the Miracle League Field of Sioux City! THANK YOU to everyone who donated, participated, attended and volunteered for the Wiffle Ball Classic! Make sure to check out the event photos on the Siouxland CARES Facebook page, [found here](#). We are so grateful for all of your support of a safe, healthy and drug-free community!

victim. [www.acf.hhs.gov/trafficking](http://www.acf.hhs.gov/trafficking)

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### Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

**10:00 p.m. for minors under 14**

**11:00 p.m. for minors 14 and 15**

**Midnight for minors 16 and 17**

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### About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 412 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 7,739 hours in 2017 to CARES programs and services.

The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

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### The Anti-Drug is Communication.

Ask Who? Ask What? Ask Where?  
It's not pestering, it's parenting!

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**Trustworthiness:** Think it. Be it.

**Respect:** Give it. Get it.

**Responsibility:** Take it. Teach it.

**Fairness:** Share it. Practice it.

**Caring:** Show it. Receive it.

**Citizenship:** Have it. Honor it.

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**Make Your Character Count in Siouxland!**

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Siouxland CARES is part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for [Siouxland CARES and shop. http://smile.amazon.com/ch/42-1331282](http://smile.amazon.com/ch/42-1331282)

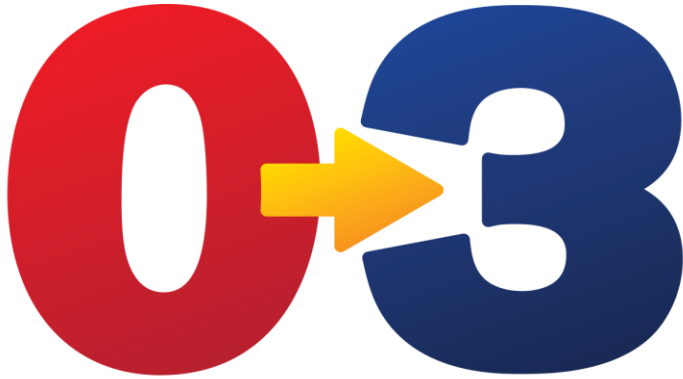
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**Please Donate Today!**

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.

## 0-3: Prime Age To Engage



primeagetoenagag

Did you know that talk is the single biggest factor driving brain growth and kindergarten readiness for children ages 0 to 3? The 0 to 3: Prime Age to Engage initiative works to increase awareness about the importance of talk with children beginning from birth.

Approximately 20 percent of Americans are functionally illiterate, reading below a fifth-grade level. This problem starts in early childhood; about 35 percent of low-income children lack the basic language skills they need to learn to read in kindergarten. But you can do something about it! Parents, physicians and child care providers can combat this with daily one-on-one time with children age 0 to 3. Talk, play, read, sing and engage with your kids every day. Face-to-face interaction will prepare them for future academic success.

For more information about 0 to 3: Prime Age to Engage, please visit: [www.primeagetoenagag.com](http://www.primeagetoenagag.com) and [www.twitter.com/primeagetoenagag](https://twitter.com/primeagetoenagag)!

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### Have a Safe Homecoming!

September 14  
Akron-Westfield

September 21  
East High  
River Valley/Correctionville

September 22  
Kingsley-Pierson  
Lawton/Bronson  
North High

September 28  
Le Mars Gehlen

September 29  
Dakota Valley  
Woodbury Central/Moville

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This information furnished by Siouxland CARES About Substance Abuse. | 101 Pierce Street |  
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