

Siouxland CARES

October e-News

Siouxland CARES is a community anti-drug coalition whose mission is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and its related violence.

Learn more about our online and offline activities below!

CONTACT US:

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[om](#)

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To learn more, visit:
www.siouxlandcares.org

Upcoming Events!

Sioux City Mayor's Youth Commission

Monthly Meeting

Monday, October 19

6:00 p.m. - 6:45 p.m.

Grandview Park Disc Golf Course

Red Ribbon Week

Friday, October 23 - Saturday, October 31

Prescription Drug Take Back Day

Saturday, October 24

10:00 a.m. - 2:00 p.m.

Various Locations

Sioux City Mayor's Youth Commission

New Member Applications Due!

Saturday, October 31

Applicants for the Mayor's Youth Commission must be in either the 9th or 10th grade, enrolled in a public or parochial high school located in Sioux City, home schooled and live in Sioux City, or live in Sioux City but attend a school outside of Sioux City. To learn more or to access an application, [please click here!](#)

Looking for some helpful websites?

www.drugfreeinfo.org

www.samhsa.gov

www.iowapoison.org

www.elks.org/dap

www.rosecrancejackson.org

www.stopbullying.gov

www.siouxlandmentalhealth.com

[m](#)

www.primeagetoengage.com

Other Resources

Contact the Boys Town National

Stay Informed!

Prescription Drug Take Back Day

SAVE THE DATE!
Prescription Drug Take Back Day
Saturday, October 24
10:00 a.m. - 2:00 p.m.

The National Prescription Drug Take Back Day addresses a crucial public safety and public health issue. According to the 2018 National Survey on Drug Use and Health, 9.9 million Americans misused controlled prescription drugs. The study shows that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet. Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths.

Take Back Locations (Sioux City):

- Fareway, 4040 War Eagle Dr.
- HyVee, 2827 Hamilton Blvd.
- Walgreens, 100 Pierce St.
- Walmart, 3101 Floyd Blvd.
- HyVee, 3101 Gordon Dr.
- Drilling Pharmacy, 4010 Morningside Ave.

Take Back Location (South Sioux City):

- South Sioux City Law Enforcement Center, 701 W 29th St.

Or, drop unused prescriptions off any time at the Sioux City Police Department and South Sioux City Police Department drop boxes.

Information provided by United States Government, Drug Enforcement Administration (DEA) website. [Learn more, here!](#)

Outreach Update!

Red Ribbon Week

Friday, October 23 - Saturday, October 31

The Red Ribbon Campaign originated when Federal Agent Enrique Camarena was murdered by drug traffickers in 1985. He spent his life dedicated to making a visible effort to eradicate illegal drugs from our communities. In response to his death,

Hot Line,
1-800-448-3000 or
the National Suicide Prevention
Lifeline,
1-800-273-8255

If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. www.acf.hhs.gov/trafficking

Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska. Please enforce these times in your home.

10:00 p.m. for minors under 14

11:00 p.m. for minors 14 and 15

Midnight for minors 16 and 17

About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 510 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 9,531 hours in 2019 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

The Anti-Drug is Communication.

Ask Who? Ask What? Ask Where?
It's not pestering, it's parenting!

communities across the country began wearing Red Ribbons as a symbol of the commitment to raise awareness of the killing and destruction caused by drugs in America. Red Ribbon Week is dedicated to teaching drug prevention in our school systems and community. For more information, [please click here!](#)

Join Siouxland CARES as we wear our Red Ribbons (or, the color red) to show our support of a safe, healthy and drug-free community!



Youth Spotlight!

Sioux City Mayor's Youth Commission Recognizes Young Ambassadors

The Sioux City Mayor's Youth Commission honored 25 students in grades 4-7 as Young Ambassadors on September 14, 2020 at its annual recognition event. The Young Ambassadors program honors students who demonstrate the six pillars of character in both school and the community.

All nominated students received recognition, a Young Ambassador t-shirt, and a gift card from the Sioux City Mayor's Youth Commission. All 25 nominees were selected to be mentored by members of the Sioux City Mayor's Youth Commission, beginning in the fall of 2020. They are:

Maxwell Aesoph, Sacred Heart
Daxton Baller, Perry Creek Elementary

Trustworthiness: Think it.
Be it.

Respect: Give it. Get it.

Responsibility: Take it. Teach it.

Fairness: Share it. Practice it.

Caring: Show it. Receive it.

Citizenship: Have it. Honor it.

Make Your Character Count in Siouxland!

Siouxland CARES is part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop: <http://smile.amazon.com/ch/42-1331282/>

Please Donate Today!

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made payable to Siouxland CARES, 401 Douglas Street, Suite 519, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the

Melanie Bedolla, East Middle
Aubrey Billings, Mater Dei School
Micah Bissell, Sacred Heart
Addalai Burback, East Middle
Nathan Carey, East Middle
Evelyn Curran, North Middle
Jenny Doan, Sacred Heart
Maria Ernesti, Mater Dei School
Pedro Francisquez-Luquez, Sacred Heart
Teron Houston, East Middle
Erik Koehler, Siouxland Christian
Jenna McCune, Siouxland Christian
Brigid McGowan, Holy Cross Blessed Sacrament
Dara Mollet, Sacred Heart
Carson Nichols, Mater Dei
Cooper O'Connor, Mater Dei
Korbin Olorundami, West Middle
Alivia Pick, East Middle
Rameen Sajid, Holy Cross
Maggie Taylor, East Middle
Elise Uhl, Mater Dei
Grace Wagner, North Middle
Maya Warren, East Middle

maximum extent allowed by
law.

To be eligible, the student had to be in grades 4-7 during the 2019/2020 school year, enrolled in a Sioux City public or parochial school, reside in Sioux City, but attend a school outside of Sioux City, or be home schooled in Sioux City.

Recommendations were submitted by a teacher, family member, or an adult associated with the child who is aware of the child's good character and service.

This program is a partnership between the City of Sioux City, Sioux City Mayor's Youth Commission, and Siouxland CARES. To learn more about Siouxland CARES, please visit www.siouxlandcares.org.



beSomebody
Quote of the Month

Check out our October quote in the image below!



**I'M AN UPSTANDER
BECAUSE...**

*People need to see
someone that will
make a difference.*

'beSomebody' is a social norming campaign on good citizenship, doing the right thing, role modeling, reducing bullying, and eliminating alcohol and other drug abuse.

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