

Siouxland CARES

October Offline Happenings!

Tuesday, October 1

***Siouxland Big Give
Online Day of Giving***
[Donate Here!](#)

Thursday, October 3

Bullying Prevention Community Coalition Meeting

10:30 a.m.
MidAmerican Energy, Assembly Hall
401 Douglas Street
Sioux City, IA

Thursday, October 3

Siouxland CARES Advisory Board Meeting

Noon - 1:15 p.m.
MidAmerican Energy, Assembly Hall
401 Douglas Street
Sioux City, IA

Monday, October 21

Sioux City Mayor's Youth Commission Meeting

7:00 p.m.
405 6th Street
Sioux City, IA

Tuesday, October 22

Dakota County Teen Court

5:00 p.m.
1615 First Avenue
South Sioux City, NE

Wednesday, October 23 - Thursday, October 31

CONTACT US:

siouxlandcaresdirector@gmail.com

Follow us on [Facebook](#).

Follow us on [Twitter](#).

Follow us on [Instagram](#).

Looking for some helpful websites?

www.drugfreeinfo.org

www.samhsa.gov

www.iowapoison.org

www.elks.org/dap

www.jacksonrecovery.com

www.stopbullying.gov

www.siouxlandmentalhealth.com

[m](#)

www.primeagetoengage.com

Other Resources

Contact the Boys Town National
Hot Line,
1-800-448-3000 or
the National Suicide Prevention
Lifeline,
1-800-273-8255

If you think someone is a victim
of human trafficking, call the

Red Ribbon Week

Saturday, October 26

Prescription Drug Take Back Day

10:00 a.m. - 2:00 p.m.

Various locations throughout Siouxland.

[Find a Take Back Location Here!](#)

Thursday, October 31

**Sioux City Mayor's Youth Commission
Applications Due!**

[Download an application, here!](#)

Thursday, October 31

Have a Safe and Happy Halloween!

**Support Siouxland CARES
through the Siouxland Big Give**



Siouxland CARES is raising funds to support our Youth Leaders Initiative. The initiative increases the capacity for youth to make, and influence others to make, healthy, drug-free choices by intervening in situations where healthy choices are not being made, therefore reducing the number of youth using alcohol and other drugs or bullying others. The Youth Leaders Initiative provides educational opportunities to help build citizenship in youth leaders. Students learn a variety of skills through the programs, including Drug Refusal Skills, Public Speaking, Fundraising, Volunteerism, Leadership, Advocacy and Personal Development Skills. [To donate, please click here!](#)

National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. www.acf.hhs.gov/trafficking

Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska. Please enforce these times in your home.

**10:00 p.m. for minors
under 14**

**11:00 p.m. for minors
14 and 15**

**Midnight for minors
16 and 17**

About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 349 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 6,580 hours in 2018 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

**The Anti-Drug is
Communication.**

Ask Who? Ask What? Ask

**Red Ribbon Week
October 23 - October 31**



The Red Ribbon Campaign originated when Federal Agent Enrique Camarena was murdered by drug traffickers in 1985. He spent his life dedicated to making a visible effort to eradicate illegal drugs from our communities. In response to his death, communities across the country began wearing Red Ribbons as a symbol of the commitment to raise awareness of the killing and destruction caused by drugs in America. Red Ribbon Week is dedicated to teaching drug prevention in our school systems and community. For more information, please visit: <http://redribbon.org/>.

**Sioux City Mayor's Youth Commission
Accepting Applications**

The mission of the Mayor's Youth Commission is to explore, communicate, and provide for the needs, problems, issues, and activities affecting the city's youth.

OUTCOMES FOR THIS YOUTH DEVELOPMENT PROGRAM:

- Youth make a positive impact in their community and feel valued.
- Youth develop to their full potential.
- Youth attending leadership sessions increase knowledge and skills.
- Youth participating in community service and activities feel they have made a positive contribution to their community.

Where?
It's not pestering, it's parenting!

Trustworthiness: Think it.
Be it.
Respect: Give it. Get it.
Responsibility: Take it. Teach It.
Fairness: Share it. Practice it.
Caring: Show it. Receive it.
Citizenship: Have it. Honor it.

**Make Your Character
Count in Siouxland!**

Siouxland CARES is part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop: <http://smile.amazon.com/ch/42-1331282/>

Please Donate Today!

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made

MEMBERSHIP:

The membership consists of members in grades 9-12 from Sioux City high schools including Sioux City East, North, West, Bishop Heelan High and Siouxland Community Christian School.

ELIGIBILITY FOR MEMBERSHIP:

Any 9th or 10th grader enrolled in a Sioux City public or parochial high school or students who are home schooled and live in Sioux City or students who live in Sioux City but go to school outside the city limits are eligible for membership on the Mayor's Youth Commission.

APPLICATION:

To download an application, [please click here!](#) Applications are due no later than October 31, 2019.

payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.

Prescription Drug Take Back Day

SAVE THE DATE!
Prescription Drug Take Back Day
Saturday, October 26
10:00 a.m. - 2:00 p.m.

The National Prescription Drug Take Back Day addresses a crucial public safety and public health issue. According to the 2018 National Survey on Drug Use and Health, **9.9 million Americans misused controlled prescription drugs.** The study shows that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet. Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths.

Take Back Locations:

- Walgreens (100 Pierce St.)
- Walgreens (1030 W 21 St., SSC)
- Hy-Vee (4500 Sgt. Rd.)
- Hy-Vee (3301 Gordon Dr.)
- Hy-Vee (2827 Hamilton Blvd.)
- Hy-Vee Mainstreet (2611 Pierce St.)
- Hy-Vee (2501 Cornhusker Plz, SSC)
- Fareway (4040 War Eagle Dr.)
- Walmart (3101 Floyd Blvd.)
- Drilling Pharmacy (4010 Morningside Ave.)

Or, drop unused prescriptions off any time at the Sioux City Police Department and South Sioux City Police Department drop boxes.

Information provided by United States Government, Drug Enforcement Administration (DEA) website. [Learn more here!](#)

Have a Safe Homecoming!

October 4
Akron-Westfield

October 5
Bishop Heelan
Hinton
Kingsley-Pierson
River Valley
South Sioux City Senior High
West High School

October 18
Le Mars Gehlen

October 19
North High School

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