

Siouxland CARES

June/July Offline Happenings!

No Siouxland CARES Advisory Board or Bullying Prevention Community Coalition meetings in June

Wednesday, June 6
Community Health Needs Assessment
9:00-11:00 a.m.
Briar Cliff University, St. Francis Center
3303 Rebecca Street
Sioux City, IA

Tuesday, June 12
Iowa Partnership for Success Subcommittee
3:30 p.m.
3500 W. 4th Street
Sioux City, IA

Tuesday, June 26
Dakota County Teen Court
5:00 p.m.
1615 First Avenue
South Sioux City, NE

Wednesday, July 4
Celebrate with Care

No Siouxland CARES Advisory Board or Bullying Prevention Community Coalition meetings in July

Tuesday, July 17
Iowa Partnership for Success Subcommittee
3:30 p.m.
Location TBD
Sioux City, IA

Tuesday, July 24
Dakota County Teen Court
5:00 p.m.
1615 First Avenue
South Sioux City, NE

CONTACT US:

cares@longlines.com

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FACT

Kids who have conversations with their parents and learn a lot about the dangers of alcohol and drug use are 50% less likely to use alcohol and drugs than those who don't have such conversations.

Know the facts...Be In the Know...Let's Start Talking!!!!

Looking for some helpful websites?

www.drugfreeinfo.org

www.samhsa.gov

www.iowapoinson.org

www.elks.org

www.jacksonrecovery.com

www.stopbullying.gov

www.siouxlandmentalhealth.com

Other Resources

Contact the Boys Town National Hot Line,
1-800-448-3000 or

**Monday, July 30
Comprehensive Strategy Data Meeting**

9:00-11:00 a.m.
Briar Cliff University, St. Francis Center
3303 Rebecca Street
Sioux City, IA

Holiday Safety

Every day, almost 29 people in the United States die in alcohol-impaired vehicle crashes—that's one person every 50 minutes in 2016. Drunk-driving fatalities have fallen by a third in the last three decades; however, drunk-driving crashes claim more than 10,000 lives per year. In 2010, the most recent year for which cost data is available, these deaths and damages contributed to a cost of \$44B per year.

Impaired driving is no accident.

**There's No Excuse--Plan Ahead to Get Home Safely
This Fourth of July and Every Day!**

Drive Sober or Get Pulled Over.

From the National Highway Traffic Safety Administration

**Sioux City Mayor's Youth Commission
Recognizes Young Ambassadors**



The Sioux City Mayor's Youth Commission honored 40 students in grades 4-7 as Young Ambassadors in May at its annual recognition event. The Young Ambassadors program honors students who demonstrate

the National Suicide Prevention
Lifeline,
1-800-273-8255

If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. www.acf.hhs.gov/trafficking

Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

**10:00 p.m. for minors under 14
11:00 p.m. for minors 14 and 15
Midnight for minors 16 and 17**

About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 412 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 7,739 hours in 2017 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

**The Anti-Drug is
Communication.**

Ask Who? Ask What? Ask Where?
It's not pestering, it's parenting!

Trustworthiness: Think it. Be it.

Respect: Give it. Get it.

Responsibility: Take it. Teach It.

Fairness: Share it. Practice it.

Caring: Show it. Receive it.

Citizenship: Have it. Honor it.

**Make Your Character Count in
Siouxland!!**

the six pillars of character in both school and the community. All nominated students received recognition, a Young Ambassadors t-shirt, and gifts from area businesses. From the nominations, ten students were selected to be mentored by members of the Sioux City Mayor's Youth Commission, beginning in the fall. They are:

Antonia Buryanek, Perry Creek Elementary
Luke Campbell, East Middle School
Aaliyah Davies, Mater Dei
Tanner Edwards, East Middle School
Madeline Farrens, Perry Creek Elementary
Adelaide Gasaway, West Middle School
Grace Hodge, North Middle School
Kayla-Marie Jabre, Mater Dei
Makenzie Rubida, Sunnyside Elementary
Jimmie Ware, West Middle School

To be eligible, the student had to be in 4th-7th grade during the school year, enrolled in a Sioux City public or parochial school, reside in Sioux City, but attend a school outside of Sioux City, or be home schooled in Sioux City. Recommendations were written by a teacher, family member, or anyone associated with the child who is aware of the child's good character and service. This program is a partnership between the City of Sioux City, Sioux City Mayor's Youth Commission, and Siouxland CARES.

"Plant the Town Red" Tulip Bulb Fundraiser

GREAT NEWS! Siouxland CARES will, again, be selling tulip bulbs for our "Plant the Town Red" fundraiser! We are accepting pre-orders now through June 29, 2018. Available colors are **red, yellow, purple** and **orange**. The price is \$1/bulb. The tulip bulbs will arrive in late September – just in time to be planted during Red Ribbon Week (October 23-31)! Please note, you do not need to pay for the

Siouxland CARES is now part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop. <http://smile.amazon.com/ch/42-1331282>

Please Donate Today!

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.

tulip bulbs until they arrive.

If you would like to purchase tulip bulbs, please email Britney at cares@longlines.com by Friday, June 29 with the number and color of tulips.

We truly appreciate your consideration of buying tulip bulbs to help raise funds to support CARES' services!



Siouxland CARES Wiffle Ball Classic

Wiffle Ball Classic
Sunday, August 26, 2018
12:00 p.m. – 3:00 p.m.
Miracle Field of Sioux City
1001 Riverside Blvd., Sioux City, Iowa

SAVE THE DATE! Siouxland CARES is hosting the second-annual, family-friendly Wiffle Ball Classic on Sunday, August 26, 2018 from 12:00 p.m. to 3:00 p.m. at the Miracle Field of Sioux City! This event will bring together some of our community partners and organizations. Proceeds will benefit Siouxland CARES' positive youth development programs.

Family-friendly activities will take place around the Miracle Field of Sioux City throughout the tournament and concessions will be available. Additionally, we will hold a

Home Run Derby in between each game with the farthest hit winning a prize!

To learn more, please contact Siouxland CARES at 712-255-3188 or cares@longlines.com.



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This information furnished by Siouxland CARES About Substance Abuse. | 101 Pierce Street |
Sioux City, Iowa 51101 | 712.255.3188 | cares@longlines.com | www.siouxlandcares.org

CARES is a 501(c)(3) tax-exempt corporation.

Siouxland CARES is a United Way Affiliated Agency

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