

# Siouxland CARES

## December/January Offline Happenings!

**Tuesday, December 19**  
***Iowa Partnerships for Success***  
***Subcommittee***

3:30 p.m.  
*Siouxland Chamber of Commerce*  
*Building*  
*101 Pierce Street, Sioux City, Iowa*

**NO Siouxland CARES Advisory**  
**Board or Bullying Prevention**  
**Community Coalition meetings in**  
**January**

**Thursday, January 11**  
***Neighborhood Network Family Fun***  
***Night***

5:30 - 8:00 p.m.  
*Long Lines Family Rec Center*  
*Sioux City, Iowa*

**Tuesday, January 16**  
***Iowa Partnerships for Success***  
***Subcommittee***

3:30 p.m. (Subject to change)  
*Siouxland Chamber of Commerce*  
*Building*  
*101 Pierce Street, Sioux City, Iowa*

**Monday, January 22**  
***Sioux City Mayor's Youth***

**CONTACT US:**

[cares@longlines.com](mailto:cares@longlines.com)

Follow us on [Facebook](#).

Follow us on [Twitter](#).

Follow us on [Instagram](#).

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**FACT**

**Siouxland CARES has made a  
difference in our community for  
30 years!**

**Know the facts...Be In the Know...  
Let's Start Talking!!!!**

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**Looking for some helpful  
websites?**

[www.drugfreeinfo.org](http://www.drugfreeinfo.org)

[www.samhsa.gov](http://www.samhsa.gov)

[www.iowapoison.org](http://www.iowapoison.org)

[www.elks.org](http://www.elks.org)

[www.jacksonrecovery.com](http://www.jacksonrecovery.com)

[www.iowa.gov/oncp](http://www.iowa.gov/oncp)

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.siouxlandmentalhealth.com](http://www.siouxlandmentalhealth.com)

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**Other Resources**

Contact the Boys Town National Hot

**Commission  
New Member Meeting**  
7 p.m.  
*City Hall, 5th Floor  
Sioux City, IA*

**Tuesday, January 23  
Dakota County Teen Court**  
5:00 p.m.  
*1615 First Avenue  
South Sioux City, NE*

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### **Thank You Siouxland!**

For the past 27 years and three months, I have had the privilege and honor to serve as the Executive Director of Siouxland CARES About Substance Abuse. Many of you already know that I am retiring this month, but I can't leave without thanking all of you for your tremendous support over the years! It has been an extraordinary position where I have met and worked with thousands of caring individuals. I have had many, many mentors over the years who have helped to guide and support me. You know who you are-Thank you!

Many have asked what I will do in my retirement years. Not sure exactly but I know that traveling and being with my three children and their spouses and six grandchildren will be at the top of the list. And, I can now move into being a volunteer for Siouxland CARES as I will always support its worthy mission. Thank you for your efforts to continually work toward a safe, healthy, and drug-free community. Together we have made a difference! Again, thank you to everyone for your ongoing support!

Linda Phillips, Outgoing Executive Director

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Line,  
1-800-448-3000 or  
the National Suicide Prevention  
Lifeline,  
1-800-273-8255  
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If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. [www.acf.hhs.gov/trafficking](http://www.acf.hhs.gov/trafficking)

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### ***beSomebody***

Find out more about the ***beSomebody*** campaign by connecting to the Siouxland CARES website at [www.siouxlandcares.org](http://www.siouxlandcares.org) or like us on the Siouxland CARES [Facebook page](#).

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### **Tri-State Curfew**

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

**10:00 p.m. for minors under 14  
11:00 p.m. for minors 14 and 15  
Midnight for minors 16 and 17**

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### **About Siouxland CARES**

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 412 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 9,063 hours in 2016 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

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**Welcome, Britney Book,  
New Executive Director of Siouxland  
CARES!**



Siouxland CARES is excited to announce Britney Book as its new Executive Director! While she is new to the position, her knowledge and appreciation of the organization spans a number of years.

Britney served on the Sioux City Mayor's Youth Commission and its Executive Council in high school (to which she cannot praise enough!). Following her graduation from the University of Nebraska-Lincoln, she moved back to the Siouxland area and immediately became an Adult Advisor with the Youth Commission. She joined the Siouxland CARES board in 2014 and assisted with its social media efforts. In August 2016, Britney joined the Siouxland CARES staff as the Assistant Director and Teen Court Coordinator.

Britney came to Siouxland CARES with over five years' experience in advertising and public relations. She is a member and past president of the Sioux City Growth Organization, Siouxland Chamber Ambassador, and a steering committee member of the Chris Larsen Park Riverfront Development Project. Britney lives in Sioux City, Iowa with her husband, Bryce. She is grateful for the opportunity to continue Linda's legacy within the organization and in the Siouxland community. Britney looks forward to collaborating with all of you as we work toward a safe, healthy and drug-free community!

**The Anti-Drug is  
Communication.**

Ask Who? Ask What? Ask Where?  
It's not pestering, it's parenting!

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**Trustworthiness:** Think it. Be it.  
**Respect:** Give it. Get it.  
**Responsibility:** Take it. Teach It.  
**Fairness:** Share it. Practice it.  
**Caring:** Show it. Receive it.  
**Citizenship:** Have it. Honor it.

***Make Your Character Count in  
Siouxland!!***

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Siouxland CARES is now part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop. <http://smile.amazon.com/ch/42-1331282>

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**Please Donate Today!**

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non

## What Do You Throw Away When You Drink?



profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.

The Woodbury County Iowa Partnerships for Success (IPFS) Grant, administered through Jackson Recovery Centers and Siouxland CARES, aims to address underage drinking and youth binge drinking. One strategy in Woodbury County involves disseminating a media campaign which utilizes social media, posters, outdoor signage, yearbook advertisements, and radio spots.

Siouxland youth will see and hear service announcements focusing on the following message: “Your hopes. Your dreams. Your future. A lot of things get crushed if you drink when you’re underage. And that’s not all. Drinking can cause brain damage. Ruin friendships. Make you lose your parents’ trust. And put you at a greater risk of developing alcoholism. It’s pretty clear, isn’t it? Underage drinking just isn’t worth it.”

For more information about the campaign, visit <http://whatdoyouthrowaway.org/>. To request posters or additional information on underage drinking, please contact Rachel Prodanovich at [rprodanovich@jacksonrecovery.com](mailto:rprodanovich@jacksonrecovery.com).

The IPFS Grant is funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, and is administered by the Iowa Department of Public Health.

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