

Siouxland CARES

August Offline Happenings!

Thursday, August 3

Bullying Prevention Community Coalition Meeting

10:00 a.m.

*Siouxland Chamber of Commerce Building
101 Pierce Street
Sioux City, IA*

Thursday, August 3

Siouxland CARES Advisory Board Meeting

Noon - 1:15 p.m.

*Siouxland Chamber of Commerce Building
101 Pierce Street
Sioux City, IA*

Tuesday, August 22

Dakota County Teen Court

5:00 p.m.

*1615 First Avenue
South Sioux City, NE*

SAVE THE DATE

Sunday, September 10

***Siouxland CARES Wiffle Ball Tournament
and 30th Anniversary Celebration***

Noon-3 p.m.

*Miracle League Field, Riverside Park
Sioux City, IA*

Siouxland CARES About Wiffle Ball

Join us for the Siouxland CARES 30th anniversary celebration! In honor of our anniversary, we will be hosting a family-friendly Wiffle Ball Tournament on **Sunday, September 10th, 2017**, from 12:00 p.m.-3 p.m. The tournament will be held at Miracle Field, 1001 Riverside Blvd., Sioux City, Iowa. Save the date! You won't want to miss out on the fun!

CONTACT US:

cares@longlines.com

Follow us on [Facebook](#).

Follow us on [Twitter](#).

Follow us on [Instagram](#).

FACT

One reason for children's achievement gap: College-educated parents speak 2,153-words per hour to their children; less educated parents on welfare speak 616-words per hour to their children

(Wolverton Mountain Research)

**Know the facts...Be In the Know...
Let's Start Talking!!!!**

Looking for some helpful websites?

www.drugfreeinfo.org

www.samhsa.gov

www.iowapoisoin.org

www.elks.org

www.jacksonrecovery.com

www.iowa.gov/oncp

www.stopbullying.gov

For sponsorship opportunities, call 712-255-3188 or email cares@longlines.com.



Job Opening at Siouxland CARES

Siouxland CARES is accepting applications for the position of Executive Director. Siouxland CARES' mission is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence through collaborative work with local agencies. The desired result is to create and sustain a culture that values a substance abuse free lifestyle as the norm for our community.

For a complete job description and application details, please [click here](#).

Parents: 9 Back to School Pro Tips

1. Visit the school
2. Introduce yourself to your child's teacher
3. Make homework a priority
4. Prepare a study area
5. Take charge of the TV
6. Get everyone to bed on time
7. Make healthy meals
8. Get a check up
9. Plan to read to your child everyday

For more information on each of these topics go to <https://blog.ed.gov/2016/08/9-back-to-school-pro-tips/>

www.siouxlandmentalhealth.com

Other Resources

Contact the Boys Town National Hot Line,
1-800-448-3000 or
the National Suicide Prevention
Lifeline,
1-800-273-8255

If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. www.acf.hhs.gov/trafficking

beSomebody

Find out more about the beSomebody campaign by connecting to the Siouxland CARES website at www.siouxlandcares.org or like us on the beSomebody [Facebook page](#).

JOIN the beSomebody initiative today and text "**41411**" and type **in besomebody to receive weekly text messages (rates may apply)**.

Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

10:00 p.m. for minors under 14
11:00 p.m. for minors 14 and 15
Midnight for minors 16 and 17

About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and

Support) About Substance Abuse is a community coalition comprised of 412 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 9,063 hours in 2016 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence.

**The Anti-Drug is
Communication.**

Ask Who? Ask What? Ask Where?
It's not pestering, it's parenting!

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- Trustworthiness:** Think it. Be it.
 - Respect:** Give it. Get it.
 - Responsibility:** Take it. Teach It.
 - Fairness:** Share it. Practice it.
 - Caring:** Show it. Receive it.
 - Citizenship:** Have it. Honor it.

***Make Your Character Count in
Siouxland!!***

Siouxland CARES is now part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop. <http://smile.amazon.com/ch/42-1331282>

Please Donate Today!

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and

improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

Please send your gift made payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.