

Siouxland CARES

SIouxLAND CARES 2017 ANNUAL REPORT

**Community-Wide Awareness, Resources,
Education and Support**

Number of Volunteers & Hours:
412 volunteers contributed 7,739 hours

**Coordinated or Participated in Meetings Aimed
at Reducing Substance Abuse:**
209

Materials Distributed:
18,402

Positive Youth Development Sessions:
47

CONTACT US:

cares@longlines.com

Follow us on [Facebook](#).

Follow us on [Twitter](#).

Follow us on [Instagram](#).

FACT

**Siouxland CARES has made a
difference in our community
for 30 years!**

**Know the facts...Be In the
Know...
Let's Start Talking!!!!**

**Looking for some helpful
websites?**

www.drugfreeinfo.org

www.samhsa.gov

www.iowapoisson.org

www.elks.org

www.jacksonrecovery.com

www.stopbullying.gov

www.siouxlandmentalhealth.com

Other Resources

Contact the Boys Town National Hot

YOUTH SERVICES

SIoux CITY MAYOR'S YOUTH COMMISSION



- Facilitated efforts of 149 high school volunteers who were involved in 66 community service activities and donated 4,398 volunteer hours

- Projects included:

- Red Ribbon Week activities including the planting of red tulips
- Maintained ten Little Free Libraries
- Advocated for youth issues in Des Moines
- Cone Park Sioux City fundraiser
- Special fundraisers

- Conducted compliance checks at 30 businesses in Dakota County (97% compliance rate)

Line,
1-800-448-3000 or
the National Suicide Prevention
Lifeline,
1-800-273-8255

If you think someone is a victim of human trafficking, call the National Human Trafficking Resource Center, 1-888-3737.888, to obtain information and to access supportive services for the victim. www.acf.hhs.gov/trafficking

beSomebody

Find out more about the **beSomebody** campaign by connecting to the Siouxland CARES website at www.siouxlandcares.org or like us on the Siouxland CARES [Facebook page](#).

Tri-State Curfew

The following curfew is in effect in Sioux City, Sergeant Bluff, and Woodbury County, Iowa, North Sioux City, South Dakota, South Sioux City, Nebraska, and Dakota County, Nebraska.

Please enforce these times in your home.

10:00 p.m. for minors under 14
11:00 p.m. for minors 14 and 15
Midnight for minors 16 and 17

About Siouxland CARES

Siouxland CARES (Community-wide Awareness, Resources, Education and Support) About Substance Abuse is a community coalition comprised of 412 volunteers. Volunteers for Siouxland CARES (representing 12 community systems) contributed 7,739 hours in 2017 to CARES programs and services. The mission of CARES is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and

YOUNG AMBASSADORS



- Assisted with coordination of the Young Ambassadors Program in cooperation with the Sioux City Mayor's Youth Commission to recognize students who display good character traits and enhance this mentoring program
- Conducted a recognition ceremony for 36 nominated students in 4th-7th grades from area schools
- Selected 10 new students (of the 36 students) to be mentored by the Sioux City Mayor's Youth Commission
- A total of 27 Young Ambassadors received ongoing mentoring

related violence.

The Anti-Drug is Communication.

Ask Who? Ask What? Ask Where?
It's not pestering, it's parenting!

Trustworthiness: Think it. Be it.

Respect: Give it. Get it.

Responsibility: Take it. Teach It.

Fairness: Share it. Practice it.

Caring: Show it. Receive it.

Citizenship: Have it. Honor it.

***Make Your Character Count in
Siouxland!!***

Siouxland CARES is now part of the AmazonSmile Program where Amazon donates 0.5% of the purchase price of eligible products to CARES if you select our charitable organization. It's easy. Go to this direct link for Siouxland CARES and shop. <http://smile.amazon.com/ch/42-1331282>

Please Donate Today!

Please consider supporting the efforts of Siouxland CARES. Your gift will allow us to continue providing much needed support as we work together to reduce the negative effects of alcohol and other drugs and related violence. Your investment in our organization helps us encourage youth to make the choice to be drug free and improve outcomes for children and families. Thank you for your consideration of a gift to CARES.

TEEN COURT IN DAKOTA COUNTY



- Coordinated Teen Court in Dakota County sessions, which included hearings, meetings and volunteer trainings
- Maintained a volunteer base of approximately 48 students from the surrounding schools
- Heard 28 cases referred to Teen Court

Please send your gift made payable to Siouxland CARES, 101 Pierce Street, Sioux City, Iowa 51101. Siouxland CARES is a 501(c)(3) tax-exempt non profit corporation. Gifts to Siouxland CARES are deductible to the maximum extent allowed by law.

PROGRAMS/EVENTS

BESOMEBODY CAMPAIGN



'beSomebody' is a campaign on good citizenship, role modeling, reducing bullying, and eliminating alcohol and other drug abuse. This initiative provides direction to youth and adults to show that in order to make positive change, we must start with ourselves by displaying good character and standing up for what is right.

- In 2017, we continued the coordination of the beSomebody initiative
- Promoted the beSomebody message on the Siouxland CARES' Facebook, Twitter and Instagram accounts
- Middle and High School Youth formed beSomebody groups to address a need in their school with the assistance of Briar Cliff University Enactus Team
- 2017 beSomebody award recipient: George Gengler

WIFFLE BALL TOURNAMENT



- Hosted first annual Wiffle Ball Tournament as Siouxland CARES' signature event
 - Event was held at the Miracle League of Sioux City
 - Four community teams participated:
 - Bishop Heelan Catholic Schools
 - Sioux City Council
 - Sioux City Police Department
 - Woodbury County Sheriff's Department
 - Miracle League of Sioux City/Mayor's Youth Commission members joined forces in an All Star game
-

EDUCATIONAL SESSIONS

“BE IN THE KNOW” PARENT SESSIONS



Your kids are going to ask—be ready!

- Continued parenting series named “Be In The Know”

- Series encourages parents to talk to their kids
- 2017 topics included:
 - Preparing for Life Beyond High School
 - Laws & Consequences

IOWA CARING COMMUNITIES TOUR



- Hosted “Iowa Caring Communities Tour”
- Moderated by Linda Kalin, Iowa Poison Control Center
- Session topics included:
 - “Opioid Misuse: Rescue, Recovery and Reduction Strategies to Curb Trends in Iowa” by Dale Woolery, Iowa Office of Drug Control Policy
 - “Community Counter Drug Task Force Operations” by Lieutenant Colonel Chuck Connors
 - “Youth High-Risk Behavior Prevention Trends & Innovations” by Peter Komendowski, Partnership for a Drug Free Iowa

COMMUNITY COLLABORATION

- Assisted with the preparation of the 2017 Comprehensive Strategy Data Booklet
- Conducted parent surveys at area schools
- Celebrated “30 Years of Caring”