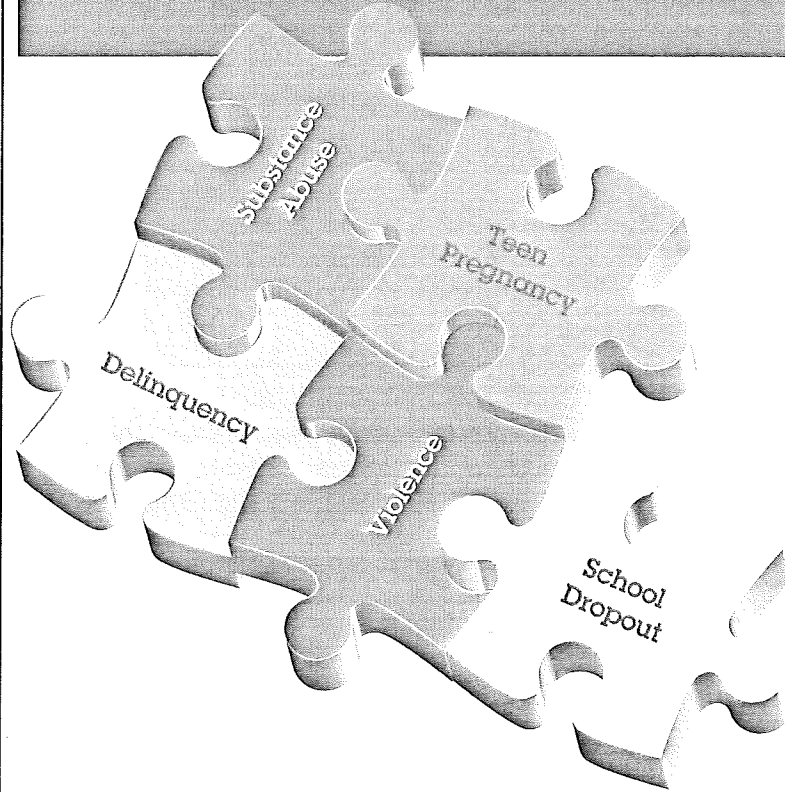


Comprehensive Strategy



Putting the Pieces Together
for Positive Youth Development

PROGRESS REPORT

June 2013



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Comprehensive Strategy

In 1996, several local governmental and non-profit agencies pooled resources to sponsor a Communities That Care® training. Comprehensive Strategy continues to utilize the Communities That Care® planning model (see pages 6-7).

Vision: Our community will provide opportunities for youth and families to be healthy and resilient contributors to society.

Mission: To facilitate the creation of resource tools for positive youth development.

These resource tools are used by:

- Grant writers
- Program planners
- Government and private funders
- Policy makers
- Agencies and individuals



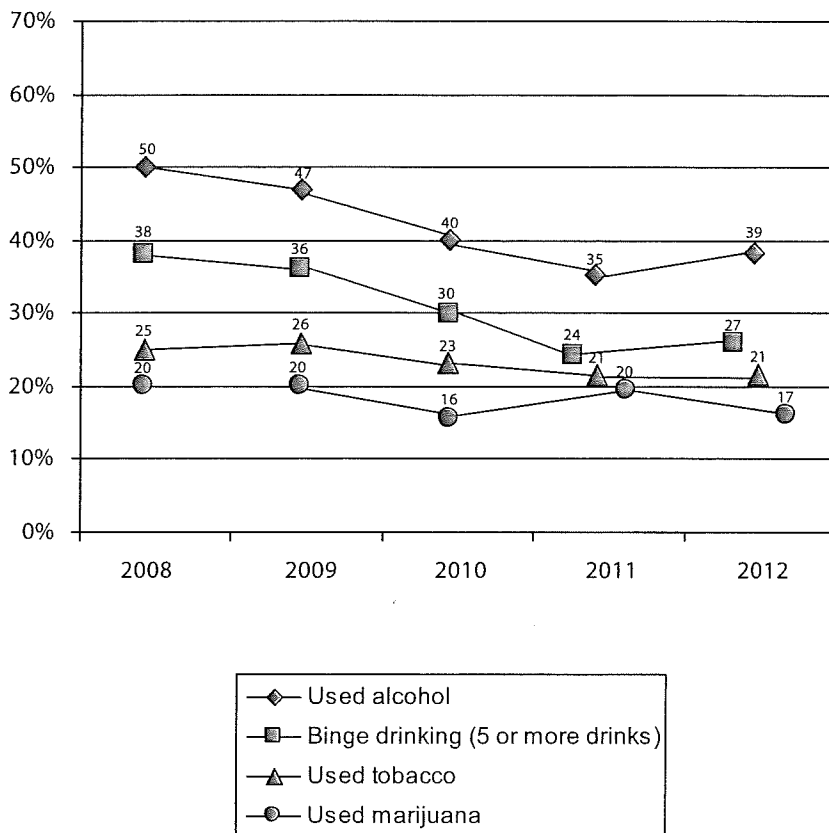
Problem Behaviors



Years of local, state, and national research have indicated that the following youth problem behaviors interfere with positive youth development: substance abuse, delinquency, teen pregnancy, school dropout and violence.

Substance Abuse

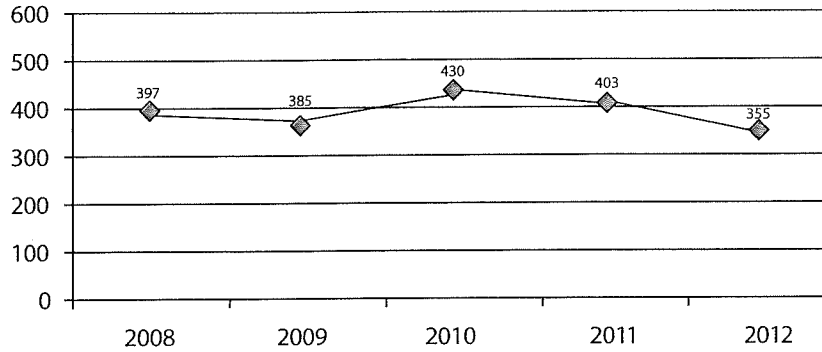
Seniors from eight school districts in the tri-state area said they had participated in the following behaviors in the last 30 days. (Source: Greater Sioux City Metro Area Youth Survey)



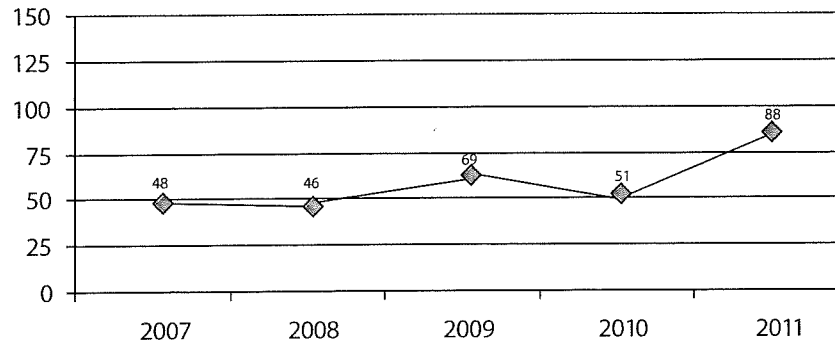
Delinquency

The indicator used is the number of youth arrested for larcenies as recorded by law enforcement agencies. The measurement is not a rate and does not account for fluctuations in the size of the youth population in a community.

Juvenile Larcenies—Woodbury County, IA
 (Source: Department of Public Safety—Uniform Crime Report)

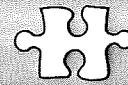


Juvenile Larcenies—Dakota County, NE
 (Source: Nebraska Crime Commission)





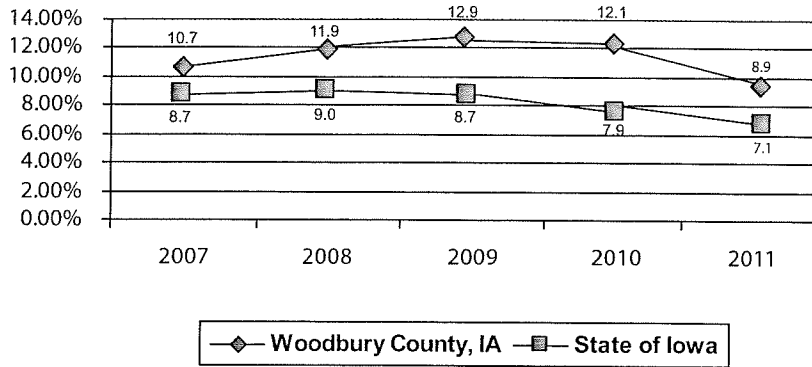
Problem Behaviors



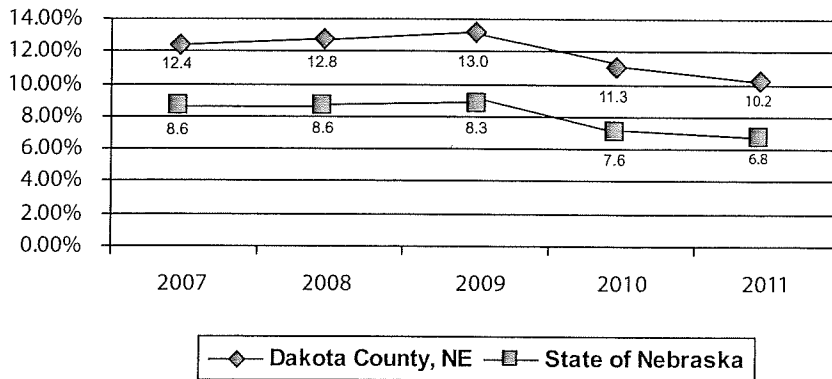
Teen Pregnancy

Rates are listed as a percentage of live births to mothers under 20 years of age.

Woodbury County, IA and State of Iowa
(Source: IA Department of Public Health Vital Statistics)



Dakota County, NE and State of Nebraska
(Source: NE Department of Public Health Vital Statistics)



Logic Model for Comprehensive Strategy Planning Process

Vision: Our community will provide opportunities for youth and families to be healthy and resilient contributors to society.

Positive youth development

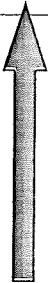
Long-term Outcome



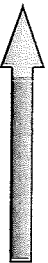
Intermediate Outcomes

Positive changes in youth behavior and attitudes:

- Reduction of alcohol and other drug abuse
- Reduction of violence
- Reduction of delinquency
- Reduction of teen pregnancy
- Reduction of school drop-out



Short-term Outcomes



Reduction of the presence of the following risk factors:

- Availability of drugs
- Extreme economic deprivation
- Family history of the problem behavior/family conflict
- Academic failure beginning in late elementary school
- Early initiation of the problem behavior

Increased protective factors that buffer the impact of risk factors in a child's life:

Individual characteristics

- Gender
- A resilient temperament
- A positive social orientation
- Intelligence

Bonding

- Opportunities
- Skills, and
- Recognition

Healthy beliefs and clear standards

- Wide, consistent support for those with whom youth are bonded
- Consequences for not following standards are consistent

Outputs



Strategies

(achieved outputs) Ongoing data collection, analysis, monitoring, and evaluation
(desired outputs) Targeted goals in the reduction of risk factors and problem behaviors

Comprehensive Strategy community strategies for programs and services:

- Family-focused strategies
- School-focused strategies
- Individual-focused strategies
- Community-focused strategies

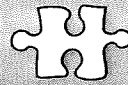
Inputs

Communities That Care® planning model:

Collaborative community planning work groups and CS Council

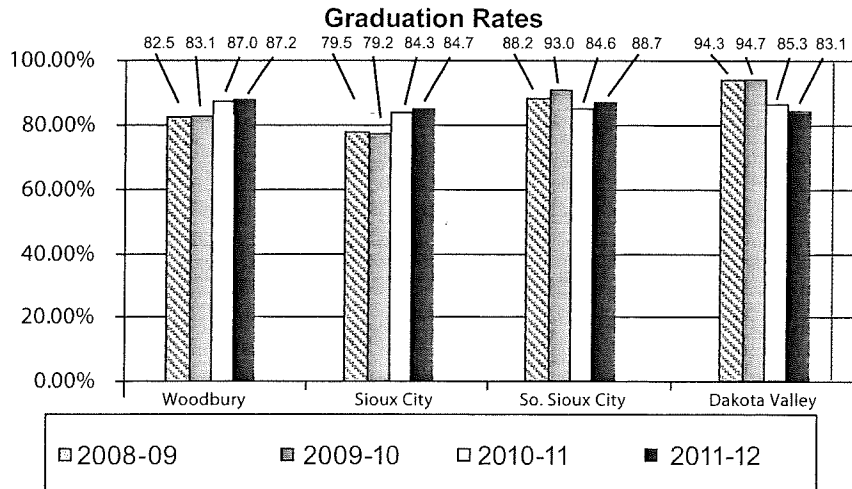
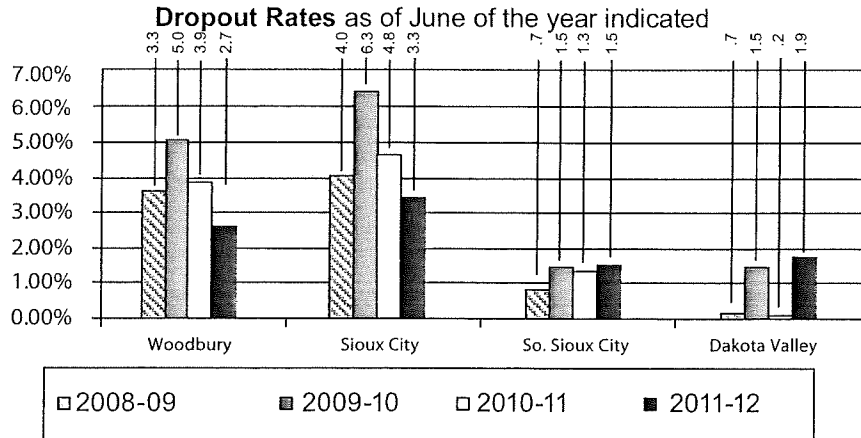
- Phase 1: **Getting started** by mobilizing the community and analyzing the current environment
- Phase 2: **Involving the community** in vision setting and crafting a structure to support the planning effort
- Phase 3: **Developing a data-based profile** of risk and protection
- Phase 4: **Creating a comprehensive youth development plan**
- Phase 5: **Implementing the plan**

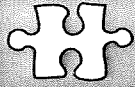
Community/state/federal/private sector financial, human and in-kind resources and support



School Dropout

A student is considered a dropout if he or she does not complete a district or state approved K-12 program. Indicators used are the percentage of dropouts and the percentage of those graduating from public school districts (Sources: Iowa Department of Education, Nebraska Department of Education, and South Dakota Department of Education and Kids Count).

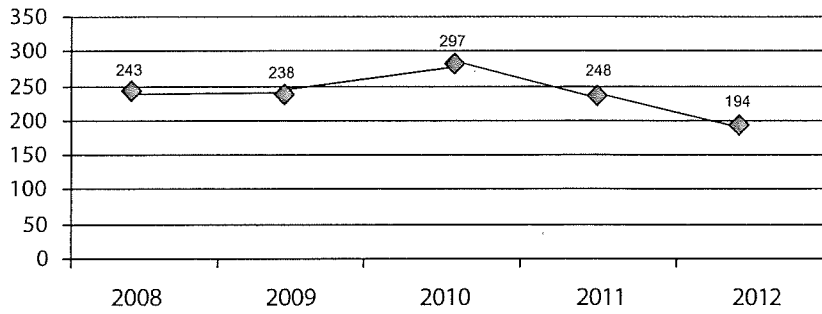




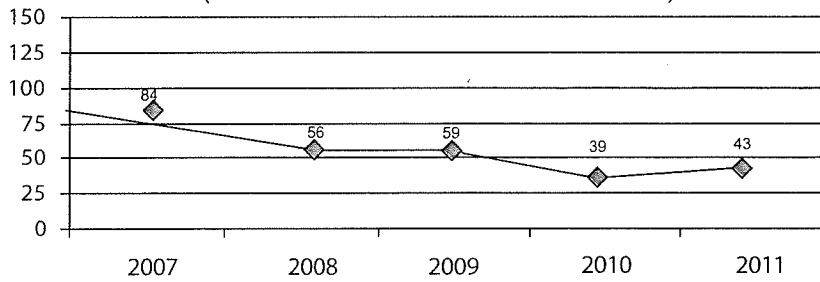
Violence

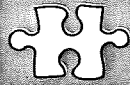
The indicator used is the number of youth arrested for simple assaults as recorded by law enforcement agencies. The measurement is not a rate and does not account for fluctuations in the size of the youth population in a community.

Simple Assault, Number of Juvenile Arrests
Woodbury County, Iowa
(Source: Department of Public Safety—Uniform Crime Report)



Simple Assault, Number of Juvenile Arrests
Dakota County, Nebraska
(Source: Nebraska Crime Commission)





Planning Partners



The following organizations have signed a Statement of Understanding that documents their partnership with Comprehensive Strategy for Positive Youth Development.

All meetings are open to the public. If you would like to attend and be a planning partner, please see contact information on page 12.

American Red Cross — Siouxland Chapter
Beyond the Bell
Big Brothers Big Sisters
Bishop Heelan Catholic High School
BOOST - Bridging and Overcoming Obstacles Through Service and Training
Boy Scouts of America — Mid America Council
Boys and Girls Home and Family Services
Boys Club of Sioux City Inc.
Boys Town of Iowa
Briar Cliff University
Catholic Charities
Center for Siouxland
City of Sioux City, Iowa
City of South Sioux City, Nebraska
Community Action Agency of Siouxland
Council on Sexual Assault and Domestic Violence (CSADV)
Crittenton Center
Dakota County Connections
Dakota Valley Schools
Department of Corrections—Iowa
Department of Human Services—Iowa
Eckerd Youth Alternatives, Inc.
Facilitated Resources
Girls Inc. of Sioux City
Jackson Recovery Centers, Inc.



Juvenile Court Services
Lutheran Services in Iowa
Mary Treglia Community House
Mercy Medical Center
Morningside College
Norm Waitt Sr. YMCA
Northwest Area Education Agency
Sanford Community Center
Sioux City Community School District
Sioux City Mayor's Youth Commission
Sioux City Noon Lions Club
Sioux City Police Department
Siouxland CARES
Siouxland Chamber of Commerce
Siouxland Community Foundation
Siouxland Community Health Center (SCHC)
Siouxland Council on Child Abuse and Neglect (SCCAN)
Siouxland District Health Department/Healthy Siouxland Initiative
Siouxland Human Investment Partnership (SHIP)
Siouxland Mental Health Center
Siouxland Youth for Christ
South Sioux City Community Schools
The Micah Project
The Salvation Army
Transitional Services of Iowa (TSI)
UnityPoint Health - St. Lukes
United Way of Siouxland
Waitt Institute for Violence Prevention
Western Iowa Tech Community College
Women Aware, Inc.
Woodbury County Board of Supervisors
Woodbury County Extension



Comprehensive Strategy

Chair

Barbara Aalfs

Bbaalfs@aol.com

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Linda Phillips

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cares@longlines.com

Planning Coordinator

comprehensivestrategy@gmail.com

Community Planning Meetings are held quarterly. If you would like to be added to our invitation list, please contact one of the above individuals.

For more data on risk factors, protective factors and community outcomes visit Comprehensive Strategy at www.sioxlandcares.org